

WELCOME TO AKRANES

Leisure activities for children



Stjórnarráð Íslands
Mennta- og barnamálaráðuneytið

UMFÍ



ORGANIZED LEISURE ACTIVITY



WHAT IS ORGANIZED LEISURE ACTIVITY?

Organized leisure activity refers to the activities of sports and hobby clubs where children and young people engage in their interests under guidance. Children and young people who participate in organized leisure activities are, among other things:

- More likely to continue exercising or pursuing their hobbies into adulthood
- More likely to achieve academic success
- More likely to have a strong and extensive social support network

In Iceland, there is a strong tradition of children and young people participating in organized leisure activities. Daily physical activity is essential for the mental, physical, and social well-being of children and young people. Participation in organized leisure activities can foster a sense of belonging and involvement, making such activities an important tool in encouraging immigrants to participate in society.

LEISURE ACTIVITIES ARE FOR ALL CHILDREN AND YOUNG PEOPLE

LEISURE ACTIVITIES

All children have the opportunity to enjoy leisure activities in Akranes, and all children can participate in some way. The Akranes municipality supports the leisure activities of all children and teenagers aged 6-18 who are residents of Akranes. If a child turns 18 during the year, they must apply for this support themselves through the service portal.

Further information about the leisure contribution can be found at www.akranes.is under Services - Leisure and Sports - Leisure contribution.

AFTER-SCHOOL PROGRAM

After-school programs are open after school until 16:15. Children are given the opportunity to engage in professional leisure activities tailored to their individual needs, in accordance with the current rules for leisure activities in Akranes.

The leisure bus operates around town on weekdays to make it easier for children and young people to access leisure activities after school.

- **Brekkusel** at Brekkubæjarskóli - For children in 1st-2nd grade. fristund@brak.is
- **Grundasel** at Grundaskóli - For children in 1st-2nd grade. fristund@grundaskoli.is
- **Krakkadalur** at Þorpið - For children in 3rd-4th grade at Grundaskóli and Brekkubæjarskóli. fristund@torpid.is

More information can be found at www.akranes.is under Services - Leisure and Sports - Leisure center.

A summer leisure program is also offered for children in 1st-4th grade, and all information about it can be found at www.skagalif.is.

LEISURE CENTER: ÞORPIÐ

Þorpið offers a diverse and meaningful range of activities for children and young people. www.torpid.is

[Þorpið provides free leisure counseling for parents and children.](#)

Arnardalur - Youth center for children and young people aged 10-16

- Day program - Open every weekday from 13:00-16:00 for ages 10-16
- Open on Tuesdays, Wednesdays, and Fridays from 19:30-22:00 for ages 13-16
- Open on Tuesdays and Wednesdays from 17:00-19:00 for ages 10-12

Hvíta húsið - Youth center intended for young people aged 16-25

- Day program - Open every weekday from 13:00-16:00 for ages 16-20
- Open on Mondays and Thursdays from 20:00-23:00



LEISURE AND ARTS

AKRANES RESQUE SQUAD



The Arnes Youth Department is a leisure activity organized by the Akranes Rescue Squad for young people in 9th and 10th grades. The program takes place one evening a week with a varied schedule, including an introduction to the work of the rescue team.

Further information can be found on the organization's Facebook page, where inquiries can also be sent.

www.facebook.com/bjorgunarfelag

AKRANES MUSIC SCHOOL



The role of the Akranes Music School is to promote a vibrant musical life while working towards increasing the skills, knowledge, and development of individuals. The music school in Akranes is well-equipped for teaching at Dalbraut 1 and offers a diverse range of activities in its educational program.

Further information can be found at

www.toska.is

AKRANES SCOUTS ASSOCIATION



The Akranes Scouts Association operates at the Scout House at Háholt 24. There are activities for young people aged 8-16 years. Older scouts are welcome to work as leaders and in our support team. The focus is on outdoor activities, teamwork, and collaboration.

Further information can be found at

www.skatarnir.is/skatafelag-akraness or by sending an email to skfakraness@skatarnir.is

LEISURE AND ARTS

AKRANES LIBRARY



The Akranes Library offers a variety of activities for all age groups. These include parent mornings, storytelling sessions, craft groups, book clubs, family days, and more. The library also frequently hosts events and exhibitions.

Stay updated on the library's Facebook page at www.facebook.com/bokasafn.akraness and www.bokasafnakraness.is

CHILDREN'S AND YOUTH ACTIVITIES AT AKRANES CHURCH



The children's and youth activities at Akranes Church are positive and enjoyable programs for children of all ages from 6 to 16 years, divided into three age groups. The focus is on positive development and Christian values.

For more information, visit www.akraneskirkja.is

ÆGIR



Ægir Gym offers a variety of Kids and Youth Fitness classes emphasizing diverse and enjoyable exercises that everyone can participate in, regardless of their fitness level or experience with physical training.

For more information, visit the Ægir Gym website at <https://aegirgym.is/> and registration is available at <https://www.abler.io/shop/aegirgym>

SPORTS - ÍA

ÍA warmly welcomes all newcomers to join in on the fun

ÍA consists of many member clubs that offer a diverse range of sports disciplines. For more information about all of ÍA's member clubs, training schedules, and more, visit the website of the Akranes Sports Association: www.ia.is



Registration for sports activities is through **Abler**. ÍA member clubs use Abler, which is a web and mobile app that manages organization and simplifies communication in sports activities. All registration and payments are processed entirely through Abler, so it is important for guardians to familiarize themselves with and download the app. www.abler.io

Badminton - E-sports - Volleyball - Gymnastics - Golf -
Horses - Boxing - Karate - Bowling - Climbing - Football
- Weightlifting - Basketball - Sailing - Swimming -
Track and field - Þjótur



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